

Regulated activity- children

Activity	Period/Duration	Type of Check
Teaching, training or instruction, care or supervision of children e.g. during weekend services and religious festivals	More than 3 days in a 30 day period OR overnight between 2am & 6am with the opportunity for face- to-face contact with children	Enhanced DBS check with a Children's Barred List check
Providing advice and guidance wholly or mainly to children in relation to their emotional, physical or educational wellbeing – e.g. advice on staying healthy while fasting, educational advice when considering a life of faith or emotional guidance when going through difficult times in life such as bereavement	More than 3 days in a 30 day period OR overnight between 2am & 6am with the opportunity for face- to-face contact with children	Enhanced DBS check with a Children's Barred List check
Anyone who drives children or young people.	More than 3 days in a 30-day period	Enhanced DBS check with a Children's Barred List check
Youth Worker who is not supervised by someone with an Enhanced DBS check including Barred List	More than 3 days in a 30-day period	Enhanced DBS check with a Children's Barred List check
Anyone who has responsibility for the day-to-day management of people (paid or volunteers) who undertake regulated activities	The same level of check is required as the person/people they are managing/supervising.	Enhanced DBS check with a Children's Barred List check
Teaching, training or instruction, care or supervision of children	Up to three times a month	Enhanced DBS check without a Children's Barred List check
Youth Worker who is closely supervised by someone with an Enhanced DBS check including Barred List.	Duration not specified, as the key element is the supervision.	Enhanced DBS check without a Children's Barred List check
A member of leadership, caretaker e.g. role is limited to strategy/policy or cleaning, locking up/general maintenance of building. However, higher level checks would be required if the premises included an Ofsted registered nursery.		Basic DBS check

Regulated activity- adults

Activity	Type of Check
Physical assistance with eating, drinking, toileting, washing, bathing, dressing, oral care or the care of skin, hair or nails for adults who can't carry this out themselves because age, illness or disability	Enhanced DBS check with an adults barred list check
Prompting and then supervising with eating, drinking, toileting, washing, bathing, dressing, oral care or the care of skin, hair or nails for adults who can't decide to do this for themselves because of age, illness or disability	Enhanced DBS check with an adults barred list check
Providing health care by, or under the direction or supervision of, a regulated health care professional	Enhanced DBS check with an adults barred list check
Training, instructing, providing advice or providing guidance on how to physically assist an adult with eating, drinking, toileting, washing, bathing, dressing, oral care or the care of skin, hair or nails for adults who can't carry this out themselves because age, illness or disability	Enhanced DBS check with an adults barred list check
Providing social work by a social care worker to an adult who is a client or potential client	Enhanced DBS check with an adults barred list check
Conveying adults to, from or between health care, personal care and/or social work services who can't convey themselves because of their age, illness or disability	Enhanced DBS check with an adults barred list check
Day-to-day management or supervision of anyone carrying out the above activities	Enhanced DBS check with an adults barred list check
Assisting an adult who cannot manage themselves because of their age, illness or disability with the day-today running of their household relating to: – managing the adult's cash; – paying the adult's bills; – shopping.	Enhanced DBS check with an adults barred list check
Assistance in the conduct of an adult's own affairs, where: – a lasting power of attorney is created – an enduring power of attorney is registered or applied for - the Court of Protection has made an order in relation to the making of decisions on the adult's behalf – an independent mental health or mental capacity advocate is appointed – independent advocacy services are provided – a representative is appointed to receive benefits payments on the adult's behalf	Enhanced DBS check with an adults barred list check
Transporting vulnerable adults to and from church on behalf of the Church	Enhanced DBS check without an adults barred list check
Care of any description or assistance provided to an adult by reason of his age, health or any disability, which is provided to the adult in the place where they are, for the time being, living, whether provided continuously or not	Enhanced DBS check without an adults barred list check