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# BIBLE MONTH JOURNAL

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The Book of Ruth



JUNE 1, 2020

THIS JOURNAL IS TO BE USED  
ALONGSIDE THE STUDY MATERIALS  
FOR BIBLE MONTH. USE IT TO HELP  
REFLECTION, STUDY AND PRAYER - OR  
JUST USE IT AS AN EXCUSE TO  
DOODLE, TO SPEND TIME BEING  
STILL, OR TO JUST HANG OUT WITH  
GOD. FOLLOW THE GUIDE ON EACH  
PAGE OR SIMPLY USE THE SPACE TO  
DO YOUR OWN THING. HAVE A LOOK  
THROUGH THE WHOLE BOOKLET  
FIRST, THEN DECIDE HOW YOU MIGHT  
USE IT.

THIS JOURNAL BELONGS TO:

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# Inspirational Quotes



Write down particular verses which stand out to you. You can also use to capture other quotes or sayings which help you at this time.

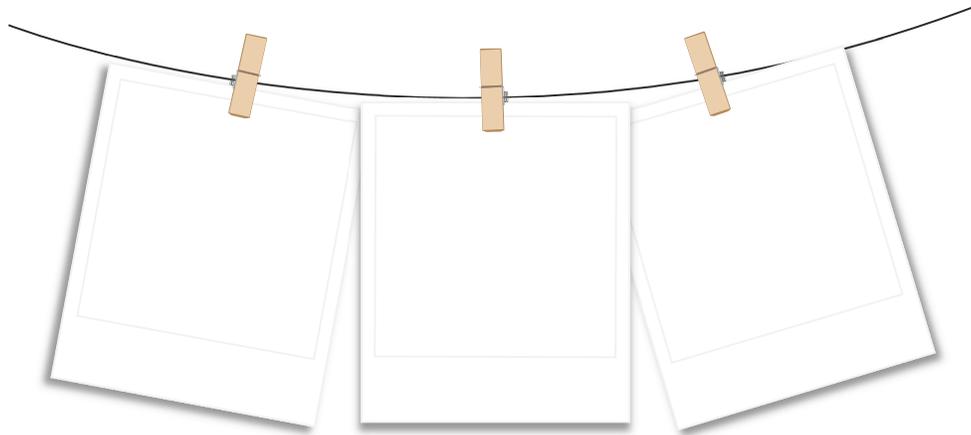
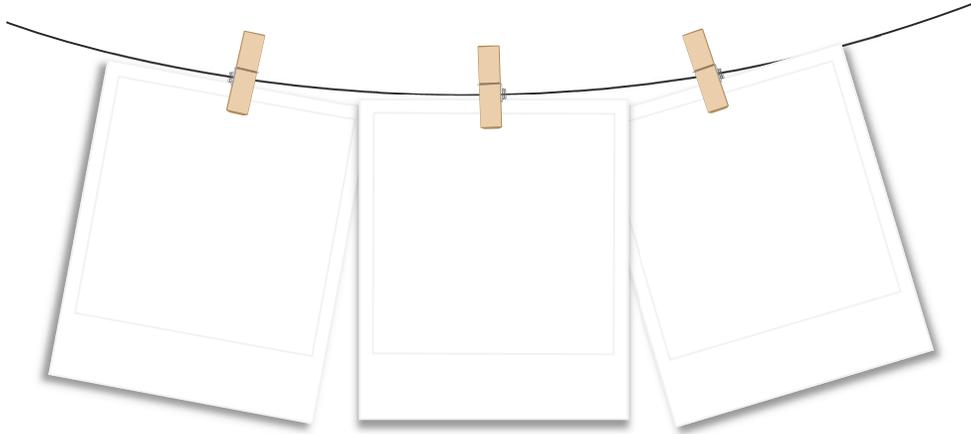
The form consists of six dashed circular outlines arranged in two columns of three. Each circle contains a pair of quotation marks. The top two circles are light green, the middle two are teal, and the bottom two are light blue.



# Prayer Board



Write names or draw pictures or symbols of those who need your prayers





# Reflections on the Readings



Week 1



Week 2



Week 3



Week 4



Four sets of horizontal lines for writing reflections, corresponding to Week 1, Week 2, Week 3, and Week 4.



# Doodle Prayers



Allow yourself to some time to be still. Perhaps God will put words or images in your mind that He wants to show you. Use This space to capture those thoughts.

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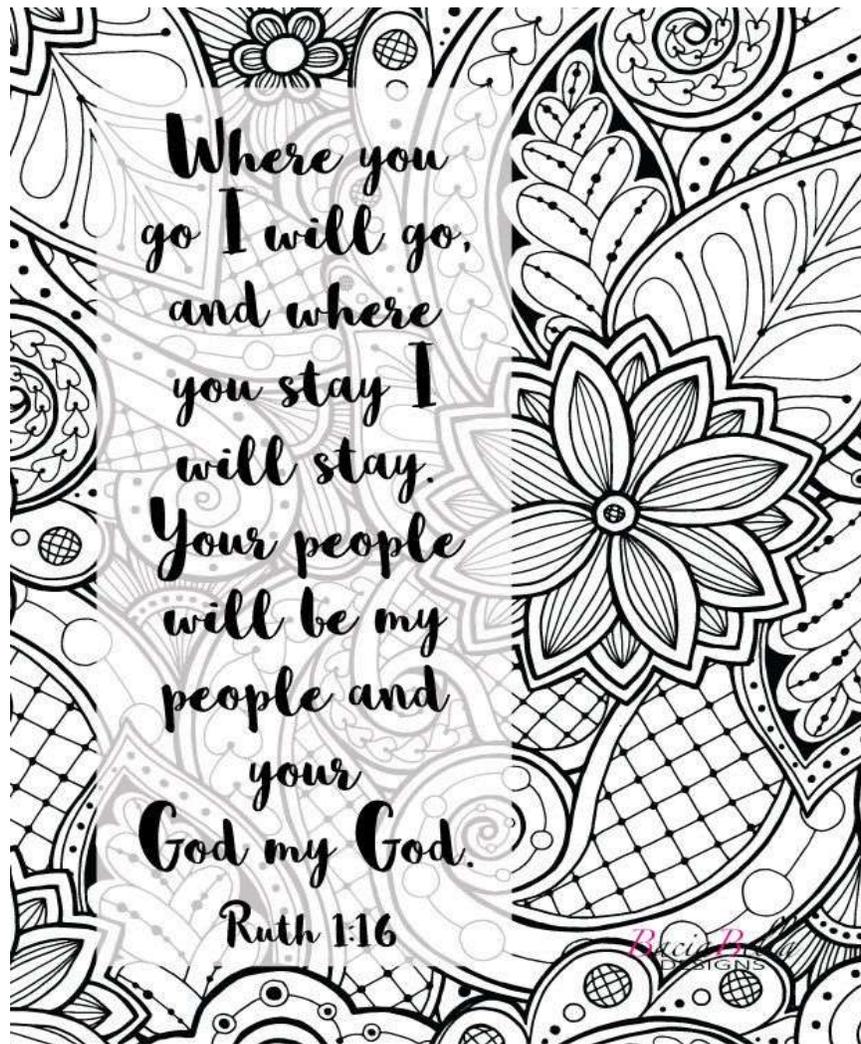
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# Questions



## QUESTIONS

### WEEK 1



I wonder where you are in this story?  
What or who is it that you are missing most?  
What has helped you through feelings of loss?

## QUESTIONS

### WEEK 2



Where have you seen acts of kindness in the past few weeks?  
Are there some things which have begun which you hope can be continued?  
What acts of kindness can you continue to do?  
What other things do you want to begin?

## QUESTIONS

### WEEK 3



Can you think of times when it has been hard to do the right thing? What about in the last few weeks?  
Who do we have respect for? Who do we look up to who makes good choices?  
What can help us make good choices in the future?

## QUESTIONS

### WEEK 4



I wonder what 'family' means to you?  
Who was 'family' to the people in the story? Is it blood relatives?  
What does family mean today? Has lockdown shaped your view of what family looks like?



# Prayers for the world



Use this space to pray for people and communities in the world.

<p>Week 1</p> <p>For those who are struggling with grief and loss.</p>	<p>Week 2</p> <p>For those who need to be shown kindness.</p>
<p>Week 3</p> <p>For those facing difficult choices and needing wisdom and guidance.</p>	<p>Week 4</p> <p>For those for whose family situations are difficult. For situations in the world who need to feel a sense of family.</p>



# Footprints

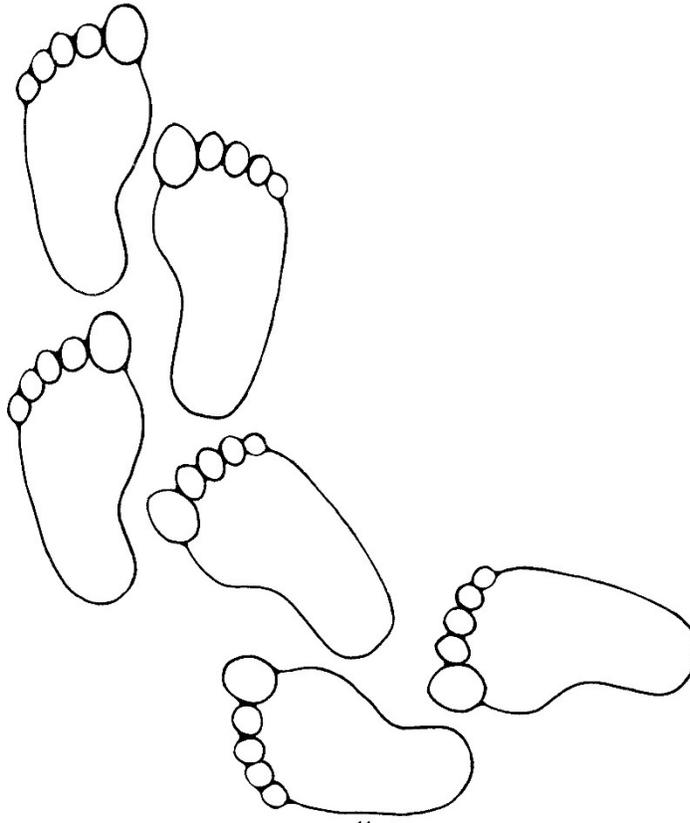


Write or draw something to represent things that have changed in your life over the last few weeks and months, which all represent part of your journey.

Spend some time reflecting on the following questions:

What are you thankful for? Are there things you feel anxious, cross or frustrated about? Who may have helped you? What have they done? How could you help others facing challenging situations?

What do you want to say to God?

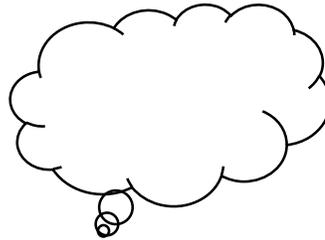




# Inspiration



Use this space to capture any hopes, dreams, ideas and inspiration which you may have had in this time.





## Notes and Doodles



Use this space for any other notes, doodles, thoughts and prayers.