



Try this at home! May 2021

We're going on a prayer hunt!

Here's a few ideas for you to explore the theme more at home.

John 17 6-19



John was probably the youngest of the apostles and lived a long life. He was imprisoned on the island of Patmos in his old age.

Question for God

We can pray to you in lots of different ways, but do you have a favourite?

Create a Prayer Box together

Get an old shoebox or similar size box and gather together things you might use to help you pray. Some things you may already use, some things might be things you want to try. Maybe a Bible, a candle, a cross, a pebble, a shell, a prayer journal....whatever might help you pray.

Start a prayer Journal

There are many different types, try out different ones that work for you (we've given you one example on the ONE Family page). Or you can create your own.

Lego Prayers

Gotta love lego! This is nice one to do with others. Grab some lego and get creative. You could build something together and have each brick as a prayer – said outloud or just in your head. You can use sharpie pens to write on them (assuming you don't want to use them for anything else!).

In the car

The car is a great place for praying (eyes open ones, especially for the driver!). When we are on those journeys between children's clubs or meetings (remember those journeys?!!) we can chat about our day and hand it all over to God and pray about anything that has come up.

